

# What's on in October

DAY	MAIN HALL						BLUE ROOM	RACEWAY	YELLOW ROOM			
1	Friday	In2Zone 9.30-10.00	Nellie 10.15-11.30	Little Kickers 16:00-17:30	INZ fitness 17:45-18:15	Fri Dance 19:30-22:00			Sora all day 8.00-16.00			
2	Saturday	LiveFit14 9.00am-9.30am	dance asylum 9.30-14:00		Taekwondo in 16:30-18:30							
3	Sunday	In2zone 9.30-10.00	Jazz Band 10:00 - 14:00	RC car club 17.00-21.00				Car club 17.00-21.00				
4	Monday	ITZ fitness 9.30=10.00	Swingfit 10.30-11.30	BINGO 13.00-15.00	ITZ fitness 17.45-18.15	Pilates 18:15-19:45		Rosecarp 19.00-21.00				
5	Tuesday	Age UK Yoga 10.00-11.00	Fit4Fun 13.00-14.00	In2zone 18.00-18.45	Ballroom 16.15 -17.15 19.00-21.00	ladyRappers 19.30-21.00FOYER	ladies f/ship 10.00-12.00	MensRappers 19.30-21.00	CLUB NIGHT 18.00	french 10.00-12.00	CSAW 14:00-16:00	private18.30-20.30
6	Wednesday	TABLE TOP 10am-13.00	Tea Dance 14:00-16:00	In2zone 17.45-18.15	Live fit 14 18.30-19.00	Dog Club 19:15-21:15	Wed Yoga 19.00-20.30					
7	Thursday			Kyushin Judo18.00-21.00					CLUB NIGHT 18.00			
8	Friday	In2Zone 9.30-10.00	Nellie 10.15-11.30	Little Kickers 16:00-17:30	INZ fitness 17:45-18:15	Fri Dance 19:30-22:00						
9	Saturday	LiveFit14 9.00am-9.30am	dance asylum 9.30-14:00	Taekwondo in 16:30-18:30								
10	Sunday	In2zone 9.30-10.00	railway club 11.00-16.30	RC car club 17.00-21.00				Car club 17.00-21.00				
11	Monday	ITZ fitness 9.30=10.00	Swingfit 10.30-11.30	BINGO 13.00-15.00	ITZ fitness 17.45-18.15	Pilates 18:15-19:45						
12	Tuesday	Age UK Yoga 10.00-11.00	Fit4Fun 13.00-14.00	In2zone 18.00-18.45	Ballroom 16.15 -17.15 19.00-21.00	ladyRappers 19.30-21.00FOYER	ladies f/ship 10.00-12.00	MensRappers 19.30-21.00	CLUB NIGHT 18.00	french 10.00-12.00	CSAW 14:00-16:00	Private 18.30-20.30
13	Wednesday	TABLE TOP 10am-13.00	Tea Dance 14:00-16:00	In2zone 17.45-18.15	Live fit 14 18.30-19.00	Dog Club 19:15-21:15	Wed Yoga 19.00-20.30				Barley Belles 13.15-15.15	
14	Thursday	Kyushin Judo18.00-21.00					sora 8.00-16.00		CLUB NIGHT 18.00	History grp 10.00-12.00		
15	Friday	In2Zone 9.30-10.00	Nellie 10.15-11.30	Little Kickers 16:00-17:30	INZ fitness 17:45-18:15	Fri Dance 19:30-22:00				sora 8.00-16.00		
16	Saturday	dance asylum 9.30-14:00			Taekwondo in 16:30-18:30	Julie Dance 19.30-22.00						
17	Sunday	In2zone 9.30-10.00	Jazz Band 10:00 - 14:00	RC car club 17.00-21.00				Car club 17.00-21.00				
18	Monday	ITZ fitness 9.30=10.00	Swingfit 10.30-11.30	BINGO 13.00-15.00	ITZ fitness 17.45-18.15	Pilates 18:15-19:45						
19	Tuesday	Age UK Yoga 10.00-11.00	Fit4Fun 13.00-14.00	In2zone 18.00-18.45	Ballroom 16.15 -17.15 19.00-21.00	ladyRappers 19.30-21.00FOYER	ladies f/ship 10.00-12.00	MensRappers 19.30-21.00	CLUB NIGHT 18.00	french 10.00-12.00	CSAW 14:00-16:00	Private 18.30-20.30
20	Wednesday	TABLE TOP 10am-13.00	Tea Dance 14:00-16:00	In2zone 17.45-18.15	Live fit 14 18.30-19.00	Dog Club 19:15-21:15	Wed Yoga 19.00-20.30			wine club 19.30-21.30		
21	Thursday			Kyushin Judo18.00-21.00					CLUB NIGHT 18.00			
22	Friday	In2Zone 9.30-10.00	Nellie 10.15-11.30	Little Kickers 16:00-17:30	INZ fitness 17:45-18:15	Fri Dance 19:30-22:00						
23	Saturday	dance asylum 9.30-14:00	Kids party 14:15-16:30	Taekwondo in 16:30-18:30								
24	Sunday	In2zone 9.30-10.00	railway club 11.00-16.30	RC car club 17.00-21.00				Car club 17.00-21.00				
25	Monday	ITZ fitness 9.30=10.00	Swingfit 10.30-11.30	BINGO 13.00-15.00	ITZ fitness 17.45-18.15	Pilates 18:15-19:45						
26	Tuesday	Age UK Yoga 10.00-11.00	Fit4Fun 13.00-14.00	In2zone 18.00-18.45	Ballroom 16.15 -17.15 19.00-21.00	ladyRappers 19.30-21.00FOYER	ladies f/ship 10.00-12.00	MensRappers 19.30-21.00	CLUB NIGHT 18.00	french 10.00-12.00	CSAW 14:00-16:00	Private18.30-20.30
27	Wednesday	TABLE TOP 10am-13.00	Tea Dance 14:00-16:00	In2zone 17.45-18.15	Live fit 14 18.30-19.00	Dog Club 19:15-21:15	Wed Yoga 19.00-20.30				Cestria reading 14:00-16:00	
28	Thursday			Kyushin Judo18.00-21.00					CLUB NIGHT 18.00	sora 8.00-16.00		
29	Friday	In2Zone 9.30-10.00	Nellie 10.15-11.30	Little Kickers 16:00-17:30	INZ fitness 17:45-18:15	Fri Dance 19:30-22:00				sora 8.00-16.00		
30	Saturday	dance asylum 9.30-14:00	Taekwondo in 16:30-18:30					Safeguarding course 10am-1pm				
31	Sunday	In2zone 9.30-10.00	Jazz Band 10:00 - 14:00	RC car club 17.00-21.00				Car club 17.00-21.00				